

Cost of Living 'Deep Dive' Workshop:

MAIN THEMES AND NEXT STEPS

THESE SESSIONS WILL HELP DEVELOP A SYSTEMS WIDE APPROACH TO COMMUNICATIONS, INTELLIGENCE GATHERING AND PROJECT DESIGN.

They will provide opportunity for the Board to bring together system partners leading relevant projects alongside intelligence specialists to:

- Understand current work being undertaken across the system, learning from successes and challenges
- Develop a better understanding of the issues facing residents
- Deliver successful initiatives to improve the conditions of living.



The Board will use these sessions as an opportunity to monitor the progress of the actions highlighted within each priority outcome of this strategy.

AN EAST RIDING WHERE ALL RESIDENTS ARE SUPPORTED TO ENJOY THEIR MAXIMUM POTENTIAL FOR HEALTH, WELLBEING AND PARTICIPATION, THROUGHOUT THEIR LIVES.

Purpose of the 'Deep Dives'

WORKING IN PARTNERSHIP

OUR LAST STRATEGY SHOWED A REAL SHIFT TOWARDS USING A SYSTEM-BASED APPROACH FOR IMPROVING HEALTH AND WELLBEING ACROSS THE EAST RIDING.

When we use the word 'system', we mean all providers, groups and organisations who affect and influence people's health and wellbeing.

A 'system approach' to health and wellbeing therefore means a variety of partners working together to achieve the best outcomes for residents across the East Riding instead of working separately or in competition.



THE COUNCIL, IN COLLABORATION WITH SYSTEM PARTNERS

has been developing coproduction techniques in various projects over recent years. We have demonstrated examples of best practice and have seen positive outcomes for people.

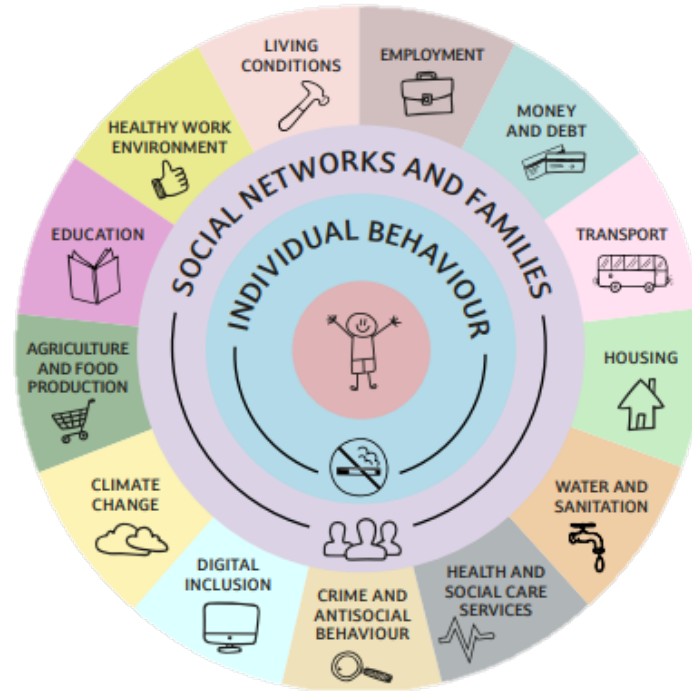
Through better collaboration with people with lived experience, outcomes are improved and to be better able to meet the care, support, understanding and accessibility needs of the people we serve.

The integrated better care fund has been crucial in supporting coproduction initiatives.

THE HUMBER AND NORTH YORKSHIRE HEALTH AND CARE PARTNERSHIP IS A NEW BODY BUILT UPON THIS SYSTEMS APPROACH.



This is a collaboration of partners from across the health, wellbeing, and care system to join up initiatives in the region, to make better use of existing assets and provide a better experience for residents.



1. CHILDREN AND YOUNG PEOPLE IN THE EAST RIDING ENJOYING GOOD HEALTH AND WELLBEING



2. WORKING AGE ADULTS REDUCE THEIR RISK OF ILL HEALTH



3. EAST RIDING RESIDENTS ACHIEVE HEALTHY, INDEPENDENT AGEING



4. HEALTH INEQUALITIES ARE REDUCED

The Cost-of-Living Crisis – The First Deep Dive

Purpose of this Presentation



Working effectively as
a system



Main issues affecting
residents



Moving forward and
taking ownership

Main Roadblocks and Barriers – Working as System



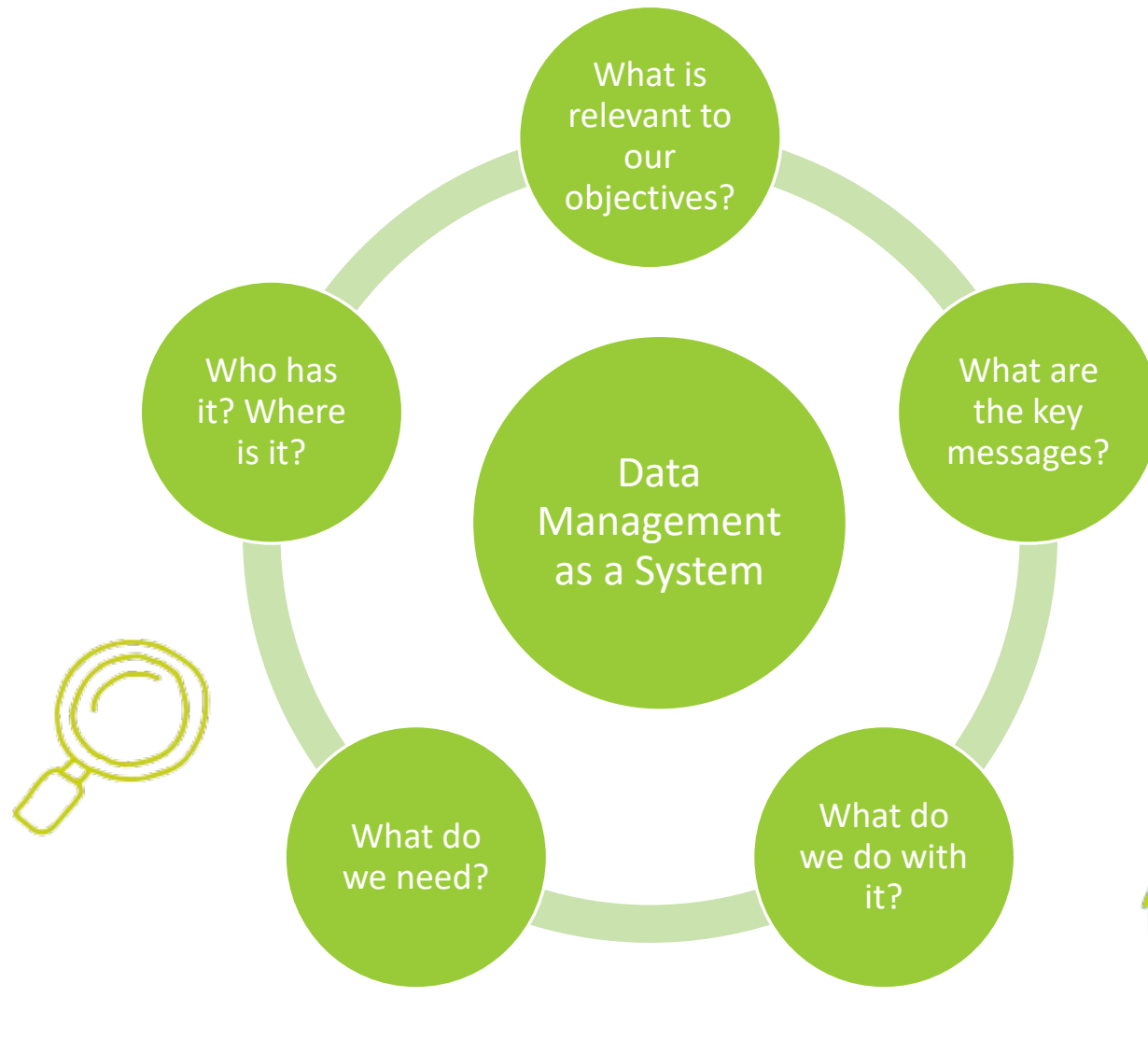
Funding

Too many front doors

Lack of wider systems thinking

People being lost in systems and emails





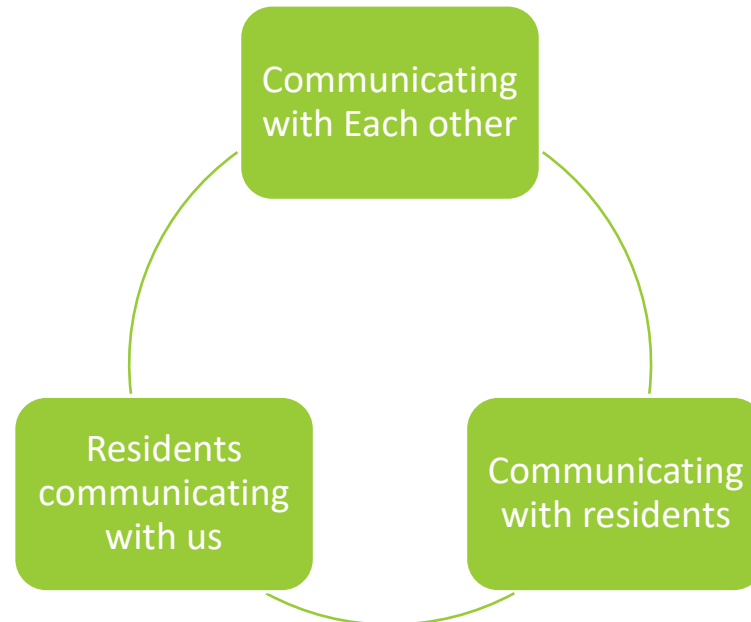
Data and Intelligence



Communications

Similar issue for residents and professionals:

Difficult to know what's on offer, who to contact and when



Shared Resources and Partnership Working

Understanding our system

- The organisations
- Key roles and people within them
- Who to contact when

Existing multidisciplinary teams

- How do these work?
- What is the customer journey here?

Greater ownership and steer on collaborative efforts

Takes too long to get permission to be responsive

Best Practice – What Has Worked Well and Why?



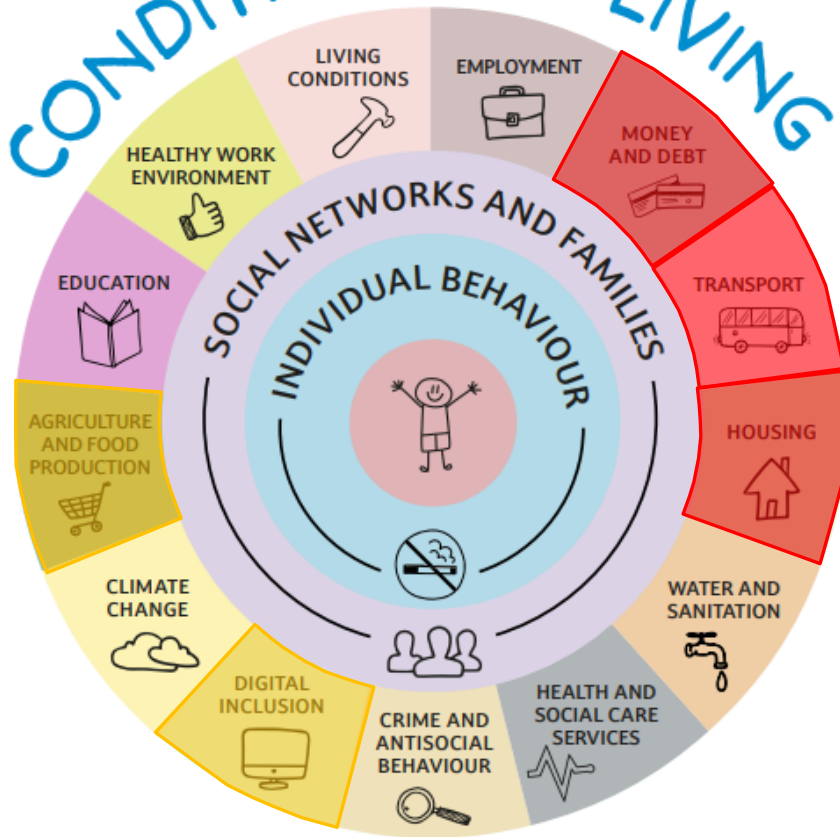
Warm Spaces

- Still going strong, run by volunteers, no uniforms or lanyards, successful advertising and communications

VCSE Sector

- Being involved in strategic conversations – this needs to be consistent and meaningful

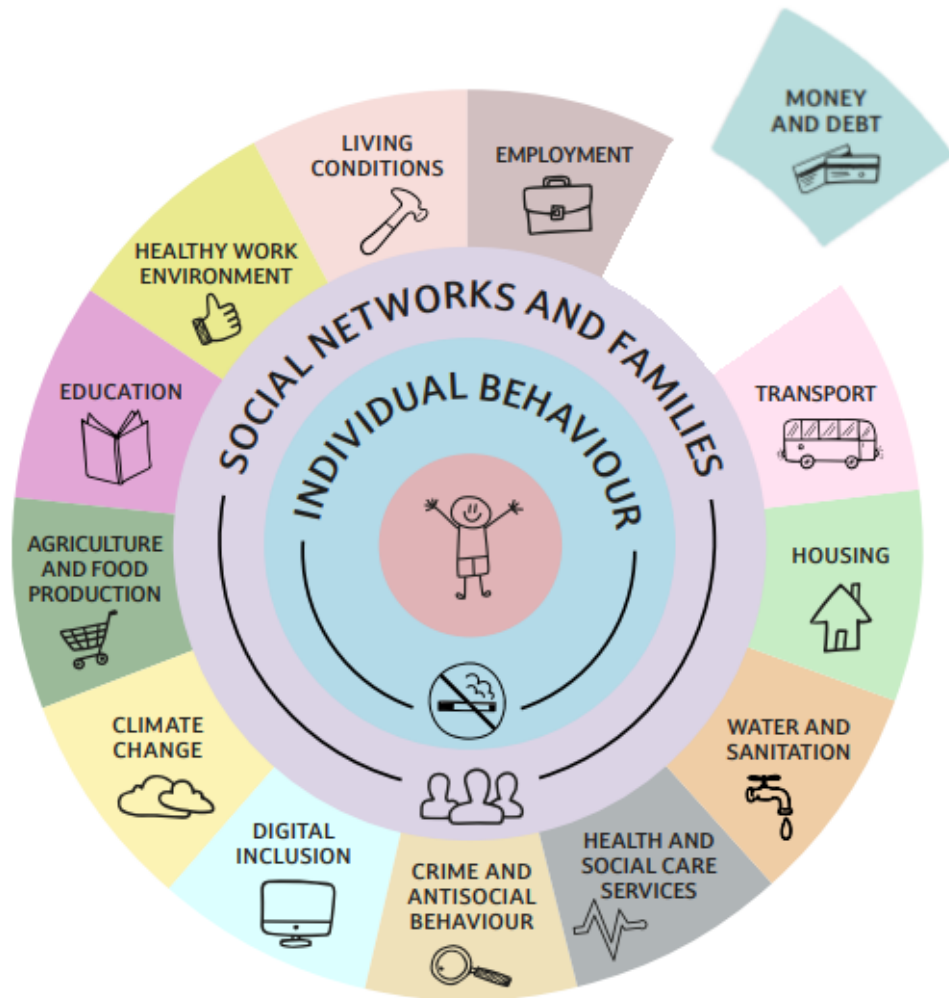
CONDITIONS OF LIVING



THINK PERSON, THINK FAMILY,
THINK COMMUNITY...

Conditions of
Living
'Heatmap'

Money and Debt



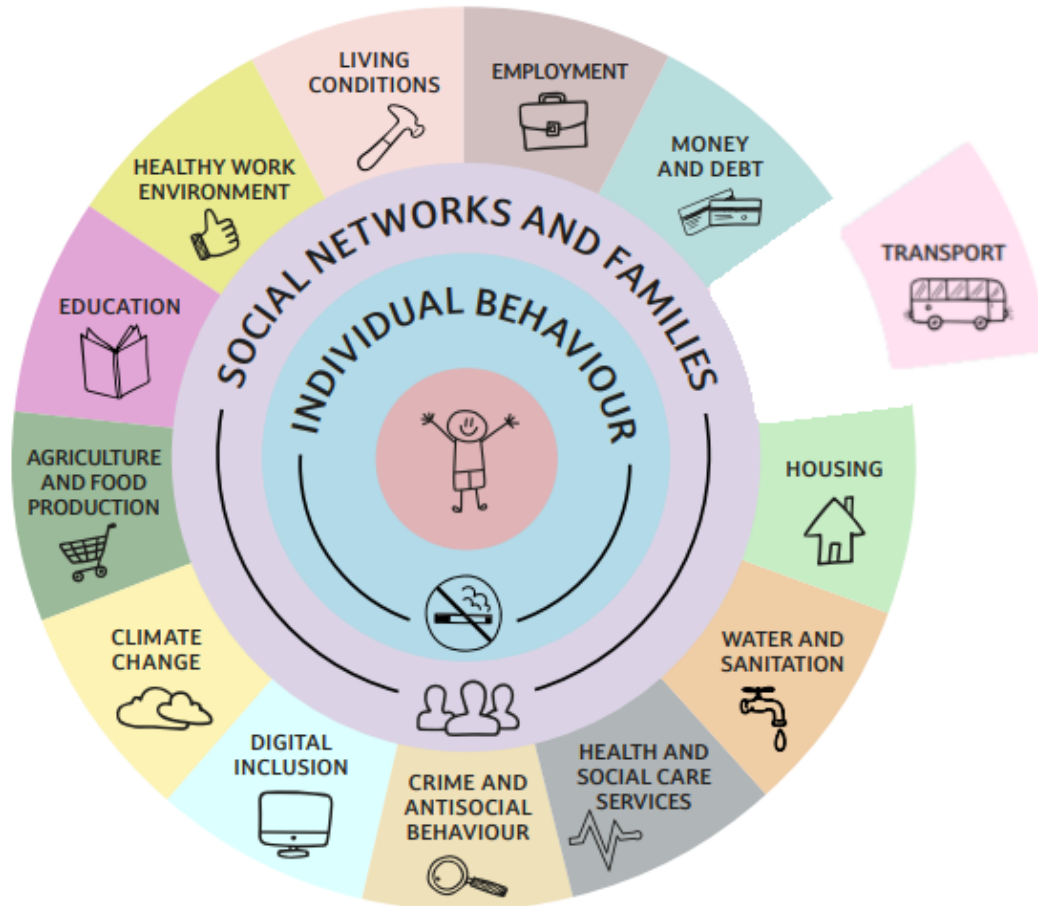
Small cutbacks. Increase in prices and bills but can manage, saving a bit less

Cutting back even more, missing some payments, cutting back on social life cannot afford an emergency.

Falling behind on bills regularly, negative budget every month, focussing on essentials only.

Unable to afford basic items every week, using foodbanks as a default, heating vs eating.

Transport

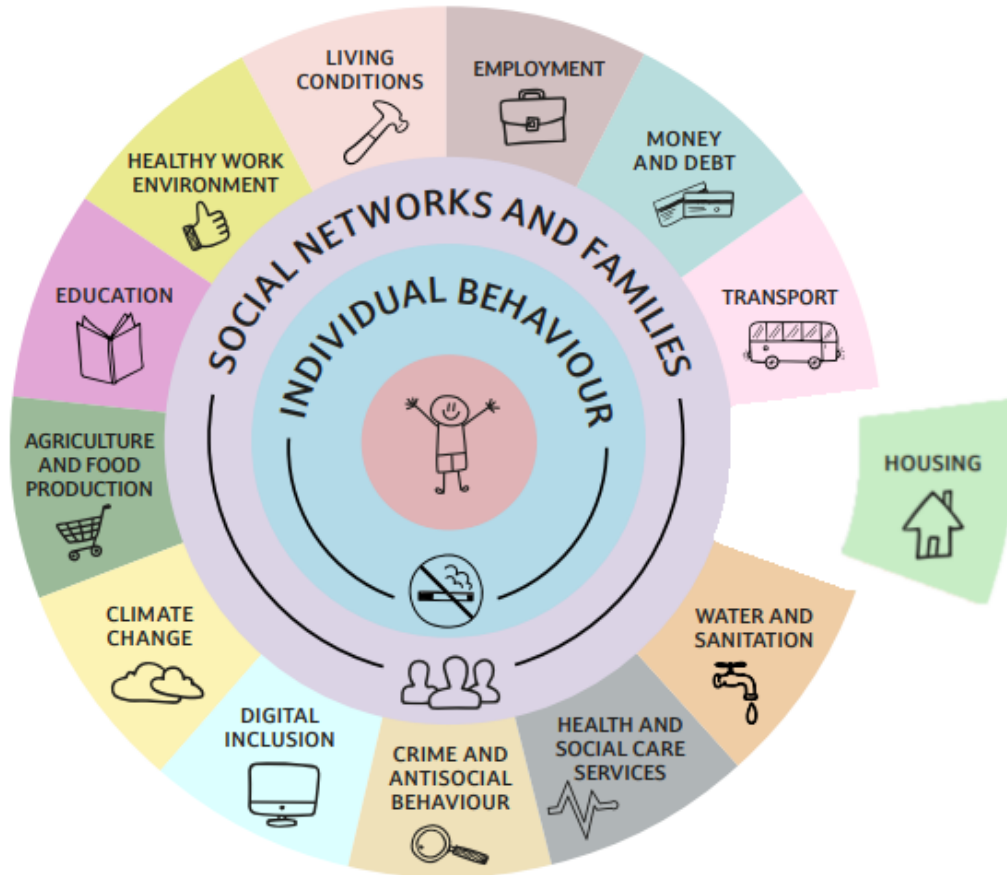


Lack of awareness of alternative options



1. People finding it a challenge to get to and from appointments, transport to and from needs to be considered and options need to be advertised.
2. People feeling isolated and lonely, thinking they can't get out and about.

Housing



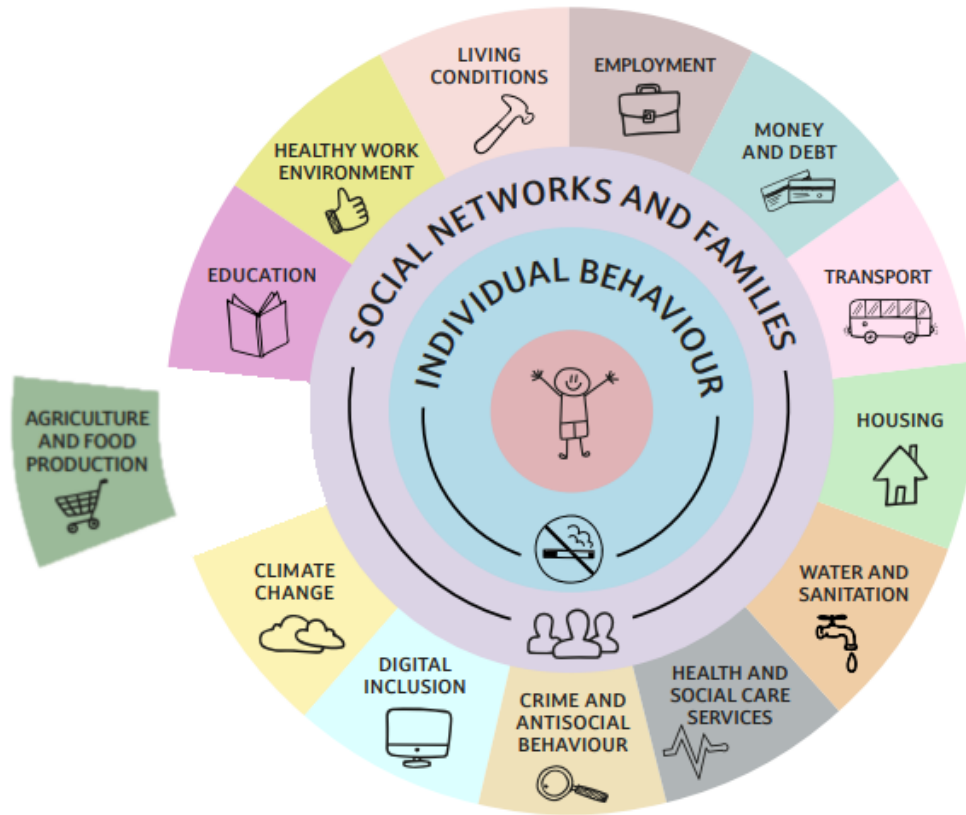
Those in a home being unable to afford repairs and replacements:

- Damp
- White goods
- Out of date heating systems

Those looking for a home, or moving somewhere new:

- People leaving one rented property and unable to find something similar for the same level or rent
- More residents failing affordability checks
- Housed in isolated areas
- Ripping out carpets for new tenants, being unable to afford new ones

Food

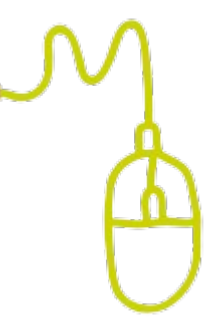


Hunger will have a huge impact on a person's health and wellbeing

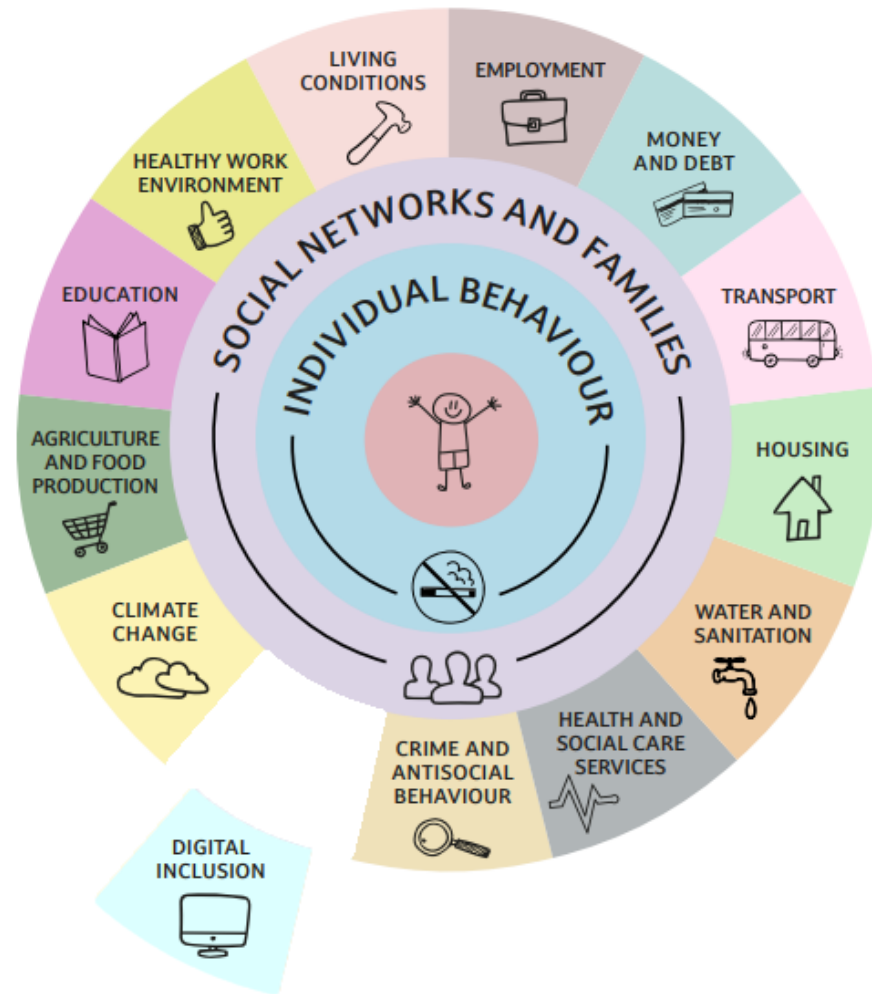
Foodbanks

- 30% increase in footfall
- Full food shops on a regular basis
- Accessibility for isolated areas or people with mobility issues
- Some at full capacity
- Increase in complex cases with multiple needs

One of the main 'front doors'



Digital



- One of the first bills to be cut
- However, a huge reliance on digital communications during the CoL crisis
- The most in need may be missing out on key messages
- Accessibility of ERYC wifi – timing
- Assumption that digital is okay for everyone, sacrificing in person contact?

Individual Behaviour, Family and Friends

Increased mental health challenges

Impact on Children and Young people

Stresses of navigating the system



Moving forward

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The Board will use these sessions as an opportunity to monitor the progress of the actions highlighted within each priority outcome of this strategy.

What could be some key actions and pieces of work from these findings?

What can your organisation/team offer?

Who can coordinate/lead these?

How do we measure progress?