



EVALUATION REPORT OF THE “IN YOUR CORNER” PILOT PROJECT

Delivered by

**GOOLE YOUTH
ACTION**

May 2024



IN
PARTNERSHIP
WITH



HUMBERSIDE
POLICE & CRIME
COMMISSIONER



&



CONTENTS

- 1. Executive Summary - Page 4**
- 2. Introduction - Page 5**
- 3. The Project – Need, Funding, Referral Pathway, Photographs and Case Studies - Pages 5 - 13**
- 4. Statistics, Outcomes & Key Findings Pages 13 - 16**
- 5. Conclusions & Next Steps and Acknowledgments Pages 16-17.**
- 6. Appendices**
 1. IYC Referral Form, pages 18 - 20
 2. IYC Referral Pathway, page 21
 3. Evaluation Survey Partners – Results, pages 22 - 24
 4. Young People’s Survey Results, pages 25 & 26
 5. Press Articles, pages 27 & 28.

1. Executive Summary

Goole Youth Action (GYA) identified a need to provide a new One to One / Small Group Diversionary Positive Activity for young people aged 9-19 years of age living in the Goole area of the East Riding of Yorkshire and accordingly created the “In Your Corner” (IYC) pilot project.

The In Your Corner pilot project has operated over the past 14 months (January 2023 to March 2024) with funding from the Humber Police Crime Commissioner and the Government’s Home Office Violence Prevention (VPP) Partnership fund has enabled 54 young people to receive basic boxing coaching in a supportive Youth Work setting.

Results and outcomes from the IYC pilot project gained through the use of case studies, interviews and surveys of the young people, parents and professionals have been excellent. Key findings from the IYC pilot include:

- Provided 54 places, against a target of 34 places.
- Provided a much needed and unique activity for professionals from a wide range of agencies to refer their clients.
- Had a significant positive impact on the emotional and physical well-being of participants.
- Contributed to a reduction in youth related Anti- Social Behaviour in the Goole area.

Following the successful pilot the IYC project has recently secured funding for the next year (April 2024 to March 2025) jointly from the Humber Police Crime Commissioner and East Riding of Yorkshire Council’s Community Safety Partnership (CSP) and a contribution from GYA.

Going forward we wish to develop the IYC concept by providing the young people with additional emotional well-being support, more in depth evaluation (using the Warwick Edinburgh Emotional Well Being scale) and attract longer term funding (potentially from the Health sector) to enable more young people to benefit from the work of the project over a longer period.

The benefit of In Your Corner Pilot project is perhaps most telling from the comments from the Parent of a IYC participant

“IYC has been a lifeline for X without it I feared the worse for his well being”

2. Introduction

In 2015 Goole Youth Coalition was formed in response to the closure by East Riding of Yorkshire Council's Youth Service of its youth centre located in Goole & in Old Goole. The groups aim was:

- To provide more diversionary positive activity to young people aged 9 -19 years of age living in Goole & Old Goole.
- Provide a forum for youth providers to come together and work in collaboration
- Enable young people to shape what GYA does in the future.

GYC became a partnership of youth providers who would co-ordinate and collaborate to maximise funding and provide much needed activities opportunities to young people in a significantly deprived area of the East Yorkshire.

In 2019 Goole Youth Action was formed and became a CIO Charity with the same fundamental aims as GYC, this enabled GYA to seek more substantive funding and expand its operations. Following a large grant award from the National Lottery's Community Fund in April 2023 we were able to appoint a CEO & an Operational Youth Worker to support the existing GYA projects but also expand GYA' operations.

Our Current range of projects/activity include:

- 3 nights a week **Detached Project** in Goole, Old Goole and surrounding villages
- An active **Youth Voice** group
- Provide Basic **Youth Work Training** for volunteers, young people and parents.
- Deliver **Diversionary Positive Activities & Trips** during Holiday periods
- Monthly **Partnership &** quarterly **Trustee meetings**
- **"In Your Corner"** project.

3. The Project

The Need for the Project

Whilst there is some good traditional youth club provision in both Goole & Old Goole and a number of sports clubs operating there is still less provision in comparison to other towns in the East Riding. In addition, there is little available that provides one to one or small group support to meet the needs of vulnerable, targeted and challenging young people in the area.

GYA's CEO has often attended the Goole "Schedule of Perpetrators" (SOP) meetings which are organised by ERYC's Safer Communities team and attended by Children's Social Care, Early Help & Prevention services, Making a Difference team, Goole Delta Academy, Probation, Humberside Police and Humberside Fire & Rescue Service. The aim of this multi disciplinary group is to discuss and share intel on both young people and adults who are of concern and look at jointly agree actions which can help. Over many months of attending these meetings, managers attending were wanting to refer young people into a project or activities that would divert their clients away from risk taking, anti- social behaviour (ASB) or criminal activity but no specific project existed.

At this time the new Goole Boxing club was opening and had some spare capacity so we made contact with the new Goole Amateur Boxing Club (GABC) management group to see if we could become involved. Our CEO Phil Jackson was invited onto the GABC management group and soon looked to create a project for young people that could operate during times when the gym was not being used. We knew from a previous survey of young people's wants Boxing was high up on their lists. As a consequence of these factors the "In Your Corner" was created.

Funding

Funding for the IYC pilot has come from the Humber Police Crime Commissioners allocation from the Government's Home Office "Violence Prevention Partnership" (VPP) Fund. This followed a competitive bid process and GYA was awarded £35k of the total pilot cost of £39k. The remainder of the funding for the pilot came from ERYC's Youth Offending Service and GYA.

Recently we were awarded a joint grant from the Humber Police Crime Commissioner and East Riding of Yorkshire Council's Community Safety Partnership (CSP) and a contribution from GYA to continue the IYC project for another year until March 2025.

The Referral Process

Referrals onto IYC could be made by any of GYA's youth partners (Trinity, Moorlands & Revive), East Riding of Yorkshire Council's: Youth Offending team, Safer Communities or Children's and Young Peoples Support & Safeguarding services, Humberside Police or any member of the Goole SOP. Completed Referrals were sent a dedicated email address.

IYC Referral form is attached in Appendix 1 & the IYC Referral pathway is attached in Appendix 2.

Looking at the range of referrals received in the 14 months of the pilot project the vast majority (25 out of 54 referrals 47%) came from the Children's & Young People Social Prescribing Project worker who was based in Delta Academy, 12 referrals (23%) were received from youth clubs and also 12 referrals (23%) were received from ERYC's Early Help & Support/ Making a Change Team and the remainder 4 referrals (7%) from various organisations including: YOT, Police & Fire & Rescue Service.

During the pilot every young person's referral was accepted. As the popularity and value of IYC increased during the later part of the pilot (cohorts 6 & 7) we had to introduce a waiting list for places.

The Project

In January 2023 the "In Your Corner" (IYC) pilot started as a new and exciting boxing based project for young people aged 9 to 19 years of age from the Goole & Old Goole area and surrounding area. *(We did accept three young people who regularly each travelled with their parent or case worker a round trip each of over 60 miles each week to attend IYC)*

The IYC blends both basic boxing coaching and youth work into a pilot project that young people would enjoy, provide a distraction from risk taking behaviour/ASB whilst improving their mental and physical health. Young people attend on an entirely on a voluntary basis and interact with our supportive youth workers who act as their trusted adult whilst on the project providing them with one to one support, advice and guidance and help the young person get the most out of the project.

There were 5 places allocated on each cohort and we planned to deliver 8 cohorts over a 14 month period Jan 2023 – March 2024. Each cohort lasted for 8 weeks, during the programme young people were taught boxing basics by a qualified England Boxing coach and other aspects including: fitness / nutrition / diet & mindfulness.

The project is a partnership between Goole Youth Action and Goole Amateur Boxing Club, who have kindly enabled GYA to hire the gym for the weekly sessions between 3-5pm on a Wednesday.

We set out the following expectation's to each young people at the start of each cohort:

What the young need to bring to the project .

- A Positive Attitude – willing to have a try new things and put some effort into sessions
- Attend all 8 sessions (if possible)
- Respect for the Coach, Youth Support staff & young people on the project.
- Be Drug / Alcohol free
- Outside the boxing sessions work with the Youth Support worker on a plan to get me to a better place.

What you can expect from the Project

- A dedicated youth support worker who will help and support you during the project.
- Improve Fitness
- New skills – boxing, diet
- A IYC T-shirt (awarded after 4 sessions attended)
- Free Gym pass for Goole Leisure Centre or Leisure Voucher (awarded at the end of the project)
- A celebration event at the end of the 8 weeks

In February 2024 we received a visit by two Home Office appointed VPP National evaluators from the firm ECORYS. The evaluators spent an afternoon speaking with IYC young people, parents and professional about the impact of IYC. The final report will not be published until the all the National VPP projects have been evaluated, but we believe that the project made a big impression on the two evaluators and we look forward to their report.

We have use the word Pilot deliberately to describe this project as over the past 14 months of the project we have tried different approaches and ideas to improve the delivery model.

Photographs



In December 2023 the Humberside Police Crime Commissioner - Jonathon Evison visited our project...



Partner work



Step test to measure fitness improvements



Visit by ECORYS inspectors



Time Out



Ring work



Come & Try Boxing at West Park

Ⓡ

Case Study Template

Project	IN YOUR CORNER
Date written	Nov 2023
Person completing this case	Debbie Fletcher
Email of person completing	debbie.gooleyouthaction@gmail.com
Would you like this story to be made anonymous	Yes
Outputs/outcomes/impact	Improved mental Health, Improved fitness. Weight Loss
If an identifiable person is	n/a
The beginning of the case study.	<p>Cody aged 14 was referred to IYC by a senior youth worker. Cody is home schooled and has never attended high school she moved around many primary schools. She is from a travelling community. Cody suffers from social anxiety and does not like to be around too many people.</p> <p>Attending IYC suits her because of the small number of people. She has attended every session and has had an extension of extra weeks as she feels it has not only improved her mental health but her physical fitness which is very important to her.</p> <p>In her words. She has learnt new skills and has helped with boredom. Being home schooled is very boring and I don't get out that much. I look forward to Wednesday and going to the boxing club and I want to come as long as you will let me. I love working on the training bags it feels like a release and I don't feel like I want to punch people anymore. I can take it out on that bag.</p> <p>Cody also spoke about the youth work aspect of IYC and feels supported and values the guidance and encouragement of the Youth Workers. So much so, she wants to become a social worker or youth worker herself. When asked why? Her reply was because they care about us young people and not many people do.</p> <p>Cody has had many positive outcomes from being a part of the IYC project. She feels more confident and less socially awkward. She is now actively participating more at a local youth club and wants to join the Youth Voice Forum</p>
The middle of the case study.	
End of the case study.	
Summary sentence	"IYC has helped me a lot"
Any learning points?	That the IYC delivery programme needs to be very flexible, a planned session is adapted continuously.

Case Study – Sam



Case Study



Goole Youth Action – In Your Corner

The 'In Your Corner' project has been created and developed by Goole Youth Action (GYA) in partnership with Goole Amateur Boxing Club (GABC) to provide young people with a positive diversionary experience, with the support of a dedicated youth worker. The project has been made possible following an award from the Office of the Humber Police Crime Commissioner's Violence Prevention Partnership fund.

Sam was referred to the In Your Corner project as they have problems with regulating their emotions and needs a way of channelling their angry outbursts.

Sam is also socially isolated and benefits from being away from the home, so that they have space away from their sibling; the IYC project provides this space.

Sam's Parent feels that if Sam cannot control their emotions they may need to be removed from the home and as no other family member will take them in, Sam could become homeless.

Sam has attended all the first 4 IYC sessions of the project and shown a real interest in Boxing and wanting to better themselves, Sam is learning to control their anger and has not hit their sibling whilst being on the course. Sam and the appointed IYC youth worker are currently working on an action plan for Sam to work on over the coming weeks.

Case Study – Craig

Craig age 15 was referred to IYC by East Riding of Yorkshire Council's Youth Offending Team he previously received a YOS youth caution for a Section 39 Assault and was associated with group of well known local

youth offenders. The idea behind the referral was to enable Craig to disassociate himself with the peer group that was leading him into trouble and to give him an excuse to not get involved.

In early 2023 Craig assaulted a police officer, his case came before the local courts in June 2023 whilst he was on the IYC project and it was considered fortunate that he did not receive a youth custodial sentence having been found guilty. Craig decided to move “away” from the group and focus on IYC and getting into college. **Without IYC, Craig’s end story could have been very different.**

In total Craig attended 9 IYC sessions over 2 cohorts (16 weeks) and was able to get into his preferred College choice. He is doing well and pops into IYC occasionally and more importantly is staying out of trouble.

Case Study – Trudy

“Trudy” has had a very turbulent upbringing, at the age of 16 her mother and social worker decided that she should reside in Goole YMCA without any consultation or discussion, she was moved to Goole not knowing anyone, over the last two years she has shown unbelievable resilience and resolve to be the person she is today.

She was energetic and excited about the IYC sessions and struck up a great rapport with our Youth Worker who took her for “afternoon tea” something she knew nothing about as a reward for her determination and attendance.

Trudy who is now 19 is attending a local College and studying on a course that she really is interested in and is looking forward to the future.

Trudy said she enjoyed her time on IYC and helped her keep “on track” and get a bit fitter.

Case Study - Jake

Since Jake was referred by the Children & Young People’s Social Prescribing his Emotional Wellbeing worker having exhibited low mood/depression. He has attended 8 IYC sessions and his wellbeing has improved by 252%, based on the Warwick Edinburgh our Emotional wellbeing tracker.

Jake has become more confident and shown a real strength in character when faced with life’s challenges. Jake feels more relaxed and can be often seen with a smile on his face.”. Whilst he still has periods of low mood he is now better equipped to understand this and his feelings better.

Case Study - Tom

Tom is a 15 year old boy who lives at home with his mum in Hessle. Since the age of 13 Tom has struggled with his mental health, he has struggled with attending school and making friends.

In April 2023 Early Help received a request for service to support Tom and mum, the referral came from CAMHS following a short intervention with them. Since January 2023 Tom’s attendance at school started to decline due to his mental health and anxiety around attending school.

Tom was self-harming and had on one occasion tried to run away to the Humber Bridge.

Early Help has worked with Tom and his mum to build safety and to help Tom build some resilience, part of the family plan includes working with CAMHS and school.

Between April and September Tom only managed to attend 16 hours in school, a support plan was put in place to look at alternative education provision and resources within the community that Tom could access so that he could start to build confidence and increase self-esteem.

Tom struggled to find anything he was interested in; it took a lot of persuasion for Tom to try any activity, eventually he agreed to try IYC. At the time of Tom first session he had not left his bedroom for weeks, he was quiet on the way to the session- the boy that came out of the first session was like a different boy.

Tom has struggled significantly at times, he has attempted to take his life on several occasions, he has needed support from CAMHS crisis and has accessed their crash pad in Hull. Tom has struggled at times to access the home tuition service that is in place. **IYC has been the only constant and consistent group in his life for the last couple of months**, he has genuinely enjoyed every session he has attended, even on the days when he has needed a lot of encouragement to attend he has come out of the session in a different place to where he was when he arrived. Tom talks positively about IYC, the staff and the other young people in the group.

Observing Tom in the group is like watching a different young person, seeing him engaging positively and taking part in the group has been great. Tom has been smiling and feeling comfortable, this shows Tom that he can feel good. Tom has now joined a local boxing club, this is a huge step for Tom, he would never have even considered this 6 months ago. Tom is now attending IYC sessions as a mentor to other younger young people.

Case Study – Jane

Jane is 9 years old was referred to the IYC project having been arrested by Police at the site of a known local drugs den , she thought it would be “cool” **to go along to the drugs den and gain some “credibility” points**. Unfortunately the drugs den was raided by Police and she was arrested, taken to Hull Police station and stripped search (with a appropriate adult present). She was not charged but warned about her behaviour and the risks she obviously had not thought about. Jane’s parents were mortified that she made the she made decision to go to the drugs den and were at a loss to why she would do this in the first place .

The parents asked that she attend the IYC project, Jane attended all 8 sessions and at the end of the sessions she did acknowledge that it was not a great idea to go to the drugs den and that she in her own words “;needs to make better decisions”. Jane completed the course and was grateful for the opportunity and has since stayed out of trouble .

Case Study – Max

Today I met and spoke with Max who was referred to ‘In Your corner’ through the YMCA hostel. He was referred due to him lacking in routine and as he described ‘ it was something to do’. He also wanted to discover a way to channel his emotions as he’d struggled with that in the past.

Having come from a rural village to then moving into Hull, which was described as a big change and an uncomfortable one, to then being moved again to the YMCA hostel to ‘get away from everyone’ ; a lot of sudden change has happened which created constant uncertainty and many heightened emotions- which was visible in the first few sessions until the young person became comfortable.

Max said throughout the weeks, the sessions have progressed from being taught how to protect our hands and throwing a single punch, to complex combinations with defences throughout ‘He also explained that the sessions were engaging, comfortable to be in and the youth workers understood our needs/learning styles so that we could be proactive in each session.

In your corner is a project to teach young people boxing, to teach fitness and exercise to those who maybe have never been educated on it, but also; the program is there to teach discipline, self confidence, encourage aspirations and make young people believe anything is possible. A prime example being that in the discussion today with the YP, he told me he’d always wanted to travel, see the world, save up accordingly for this. The

support of the open door facility in your corner has provided has made him believe this isn't a silly dream, it's a definite possibility.

Max said that 'overall, in your corner has been a long needed escape, a way to channel my emotions and learn new skills' 'socialise without judgement and I feel like I truly belong to something'.

4. Statistics, Outcomes & Key Findings

Statistics

To date **54 young people** have participated in the IYC project in 8 cohorts over past 14 months (**39 male, 15 female**) in the period from 18 January 2023 to 27 March 2024 (14 Months).

Our Target was for 40 young people to be reached, we attracted 54 young people to the project, an increase of 14 young people or an **135% increase on target**.

10 Young people have attended more than 1 cohort. (1 young person has attended 20 sessions and another 18)

23 young people have attended 4 or more sessions (55%)

Our average attendance was 77% (see chart below – this is for 7 cohorts), so whilst we attracted more young people to the project they did not always complete the full 8 sessions, in a number of cases the young person “dipped in an out of the project” due to a range of issues including: illness, forgot their gym kit, the need to babysit young ger siblings, attending detentions after school.

<u>IYC Sessions Attendance</u>			
	Attendance	Target *1	%
Cohort 1	18	40	45
Cohort 2	23	40	57.5
Cohort 3	38	40	95
Cohort 4	40	40	100
Cohort 5	25	40	62.5
Cohort 6	28	40	70
Cohort 7 *2	24	15	160
	196	255	77%
Average			
Notes			
*1 based on 5 yp attending the 8 sessions			
*2 three weeks of eight completed			

Age profile	
Age 9 - 11	6
Age 12 - 14	18
Age 15 -17	12
Age 18+	8
	44
Average Age	14.3

Outcomes

At the commencement of the pilot, we identified that the project would work towards the following outcomes:

- **Provide 40 places for young people to attend the IYC project.** *We had 54 young people attend the project in the 14 month period an increase of 14 places or an 135% increase on target.*
- **A Reduction in youth related ASB.** *The aim will that anyone from the “In Your Corner” cohort will reduce their ASB Risk Taking behaviour - “the IYC has contributed to a reduction in youth related ASB in the Goole Area over the past 14 months” Source - Humberside Police. We are not aware that any young person attending the IYC project has contributed any recorded ASB offence whilst they were on the IYC project. Source GYA. (note given that there are delays in the release of ASB figures we are not currently able to statistically verify impact). In addition, of the 54 participating in IYC 15 (28%) were known to the Police for a variety of reasons. Two case studies we believe demonstrate the positive impact the has on local youth related ASB : 1 one young person committed an assault on a Police officer and whilst on IYC was required to attend court for sentencing. Thankfully the young person was not given a custodial sentence and continued on IYC. (see Craig case study) He completed the project and attends a local College, has not committed any further offences. His father was particularly vocal in expressing the value of IYC in turning being able to turn around his son’s behaviour and aggression. In another case study (see Jane case study) we had a referral from a case worker who’s client was engaged in attending a known drug den out of “curiosity”. Following a Police raid she was detained and given a Police caution. She attended IYC as a way to divert her risk taking behaviour, on completion of the project she has realised the risk’s and dangers of her behaviour and has not*
- **Improvements in Health** – improved emotional well being, diet, reduction in smoking/vaping, reduced dependency on drugs/alcohol. *We undertook two survey’s at the end of March 2024 one with the young people and one with partners & Parents, these are both detailed in Appendix 3 & 4. We have seen through our conversations, case studies and survey of young people that the overriding benefit of the IYC project has been improvements in their emotional well being. IYC has provided safe space to talk, make new friendships, release their frustrations whilst taking part in a healthy activity. The young person and partners surveys clearly show that the main benefit of IYC was an improvement in mental health well-being. We even introduce some occasional mindfulness elements to the sessions via support from the C&YP Social Prescribing worker which went down surprisingly well, especially the benefits of crystals and relaxing exercises,*
- **Analysis of the views of young people via Teen Stars & Case Studies highlighting the journeys the young people had come on during the project.** *We have provided a comprehensive number of Case studies which describe in detail the journey’s and benefits that the IYC has brought to the young*

people and their friends and families. We need to systematically record teen stars in the future as not all teen stars were completed.

- **An increase in the membership of Goole Amateur Boxing Club** from the project cohort. *We are aware that 3 young people have attended GABC sessions and a further 2 young people have attended St Paul's Boxing Club in Hull as they live in Hessle. Note these two young people have travelled each week a round trip of 66 miles with support from their case worker or Parent to attend IYC as no other project exists in their area.*
- A **reduction** in the number of young people who are **not NEET** at the end of the project. *We have not been able to track the NEET young people who attended the project and this is a learning point going forward. Anecdotally however we know that 3 young people who attend the IYC are continuing their college courses following attending IYC.*

Overall, we are very pleased with the outcomes detailed above and given additional funding to continue the project we know how to improve our approach to show in greater detail and evidence the worth and value of the project.

From the two surveys (see Appendix 2 & 3) we have collated the following comments:

Outcomes for Young People

"made new Friends" "healthier & Fitter" "gave me a reason to get out of bed"
"improved my mental health" "Happier" "learnt a new skill"
"kept me out of trouble" "gave me something that I'm now passionate about"

Outcomes for Professionals/ Parents

"Can control their anger in the home better" "has given X focus that he didn't have before"
" has made a real difference to X mental health he is happier and less likely to go off the handle"
"IYC has been a lifeline for X without it I feared the worse for his well being"
" the IYC staff provide a nurturing environment for the young people to grow"

Key Findings

1. The IYC has provided a much needed activity for young people to enjoy and for case workers (C&Y Social Prescribing project / SOP members) the opportunity to refer their young people in to.

2. One of the most significant impacts of the IYC project has been the improvements seen in the young people's emotional well being. Young people at the end of the project are happier, have made new friends, feel part of "club" and in many cases still want to attend sessions. Going forward the project needs to consider how young people who still want to be involved can continue on IYC perhaps in a mentor role or a separate session completely. Going forward we would like to add to the project the use of GYA's new Emotional Well Being Support worker who would work one to one with the young people if they wanted some additional support.

3. The IYC has had a positive impact on lowering the level of youth related anti-social behaviour across the Goole & Old Goole area.

4. The blend of boxing and youth work has worked extremely well during the project. We have asked young people their views and this has helped shape the IYC project plus the use of a female Boxing Coach and experienced youth workers has created an atmosphere of friendliness, fun and fellowship.

5. The use of leisure vouchers which provided a pass to the gym at Goole Leisure Centre was not well used, this was dropped in favour of a voucher for Sports Direct which the young people liked.

6. The end of cohort celebration or "graduation" event in which family and case worker attended and the young people received a certificate and leisure voucher was very well received. Also the IYC T-shirt which was awarded after 4 weeks of attending was liked by the young people and a way of motivating young people to attend the sessions.

7. The use of case studies and two surveys (partner & young people) was instrumental in capturing the benefit of the IYC project. However, we need to improve our recording of NEETS & the distance travelled of our young people using of Teen stars and if funding is sourced the Warwick Edinburgh Well Being scale via GYA's Emotional Well Being worker

8. The addition of a snack bag at the end of the session went down well, many of the young people attending perhaps had not eat breakfast or lunch for a variety of reasons and by the time they finished the session they were very hungry!. The addition of cooking as part of the project did not materialise due to the lack of facilities at GABC.

9. Five young people from IYC have joined their local a boxing club.

10. We received some positive verbal feedback on the impact of IYC from the two Home Office National appointed VPP evaluators from the firm ECORYS.

5. Conclusions & Next Steps

The IYC pilot has been the opportunity to try a new innovative approach blending boxing coaching and youth work. Young people have enjoyed themselves and the project has met its aims and outputs. We have used the pilot to try out different things and thus learn from cohort to cohort what works and what needs to improved.

Overall, we conclude that there is a need to continue and improve the project providing a much needed positive diversionary activity in the Goole area especially for young people with low mood, who are isolated, lack self-confidence and feel they "don't fit in". In addition, we note that the IYC project contributes to a reduction of youth related ASB.

Going forward we wish to develop the IYC concept, attract longer term funding (potentially from the Health sector) to enable more young people to benefit from the work of the project. We particularly want to develop the use the Warwick Edinburgh Well Being scale to identify improvements in the young people whilst on the project, additionally we want to source additional funding to employ an Emotional Well Being Support worker to provide additional one to one support to the young people if they wish.

Acknowledgements

Thanks goes to India Wilkinson, IYC Boxing Coach & GYA Youth Worker, Debbie Fletcher – GYA Youth Worker, Neil Begie - GYA Assistant Youth Worker, Sam Patterson former C&YP Social Prescribing and GYA Volunteer for all making IYC such a success.

In addition, appreciation of funding for IYC goes to The Humber Police Crime Commissioner, The Home Office's Violence Prevention Partnership funding. Also to Goole Amateur Boxing Club for allowing IYC to hire their premises.

Finally, to for all the young people who have participated in the IYC pilot project, it's been an absolute pleasure to work with you.

Phil Jackson – GYA Founder & CEO and IYC project lead and evaluation report author.

May 2024.

6. APPEDICIES

Appendix 1. Referral Form

IN YOUR CORNER **REFERRAL FORM**

Child/Young Person

Name:	
Address:	
Email Address:	
Home Telephone Number:	
Mobile Number:	
Date of Birth:	
Nationality:	
Name of School/College attends:	

Parent/Carer:

Name of Parent/Carer (person with parental responsibility):	
Last Name (if different from child/young person):	
Title (Miss/Mr/Mrs/Ms):	
First name:	
Address (if different from above):	
Home Telephone Number:	
Work Telephone Number:	
Mobile:	

1

In Case of Emergency:

Name:	
Relationship to child/young person:	

In Case of Emergency contact:	
-------------------------------	--

Medical and Health Information:

Does the child/young person have any disability/ long term medical condition/Learning difficulty or EHCP?	Yes/No (delete as appropriate)
---	--------------------------------

If yes please give details:

Does your child/young person have any allergies?	Yes/No (delete as appropriate)
--	--------------------------------

If yes please give details:

Is there a current plan for the child / young person? If so, what type of plan?

--

What services are currently involved with the child / young person?

Service area	Name of practitioner	Role	Contact details/email address
Health			
YFS			
YOS			
Social Care			
Safer Communities			
Education			
Other (please state)			

Area of support requested

<i>What are you worried / concerned about or need help with that the IYC project can assist with?</i>
<i>Describe what the worry/concern looks like and the impact on the child/young person?</i>
<i>What has already been done / tried to address the worry/concern</i>

How we use your data

Your information will be stored and shared in accordance with the Data Protection Act 2018 and the General Data Protection Regulation (GDPR).

Declaration2

I understand that the information I have given about myself and any other individuals will be held and processed by Goole Youth Action and it is my responsibility to make the other adults listed on this form aware that their details have been provided.

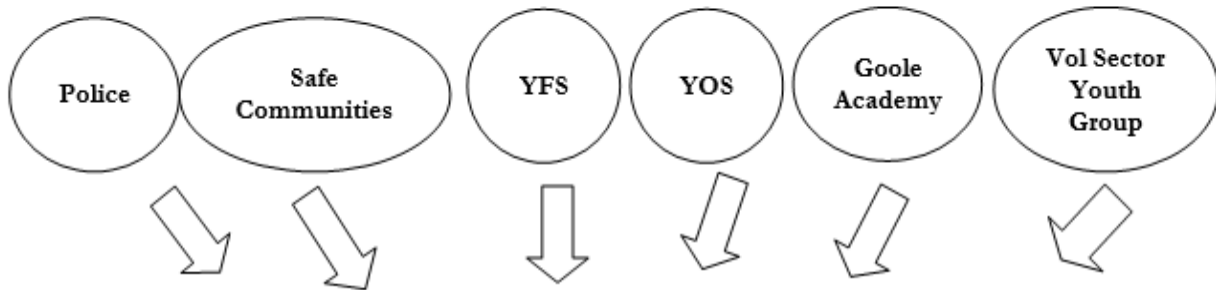
Parent /Guardian			
Print name	SIGNATURE	Relationship to young person	Date
Young Person			
Print name	SIGNATURE		Date
Referrer who has gained verbal consent from the parent named in the box above:			
Print name	SIGNATURE	Role/agency	Date
Address		Telephone	
Email Address:			

Any additional information (please detail here) Hobbies, Interests, Any risks / behaviors we need to be aware of?

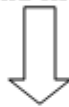
Appendix 2.

In Your Corner (IYC) Project – Referral Pathway

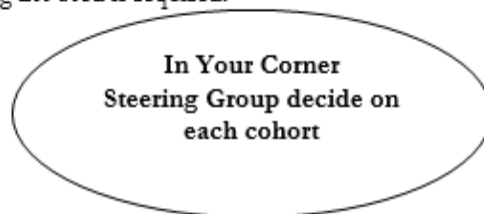
1. Partners wish to make a referral for a variety of reason including ABC's, Fairway letters, School Attendance and Behaviour



2. Referrals sent to IYC project coordinator and circulated to steering group members



3. IYC Steering group meets Virtually or In person to agree referrals onto project and ix of the potential group. Waiting list used if required.



Cohort of young people identified.



2. "Referred" Young Person contacted by Support worker and encouraged to take part and sign up, IF they agree then parents/guardians involved and consent and application form completed.



3. Support worker meets young person during the 8 week course. - Action Plan produced & YP receives one to one support outside the boxing sessions.



4. YP completes programme - Exit plan added to Action Plan



5. Evaluation Report produced including: Teen Star outcomes, Case Studies, impacts/changes to Youth related ASB & survey of Cohort produced.



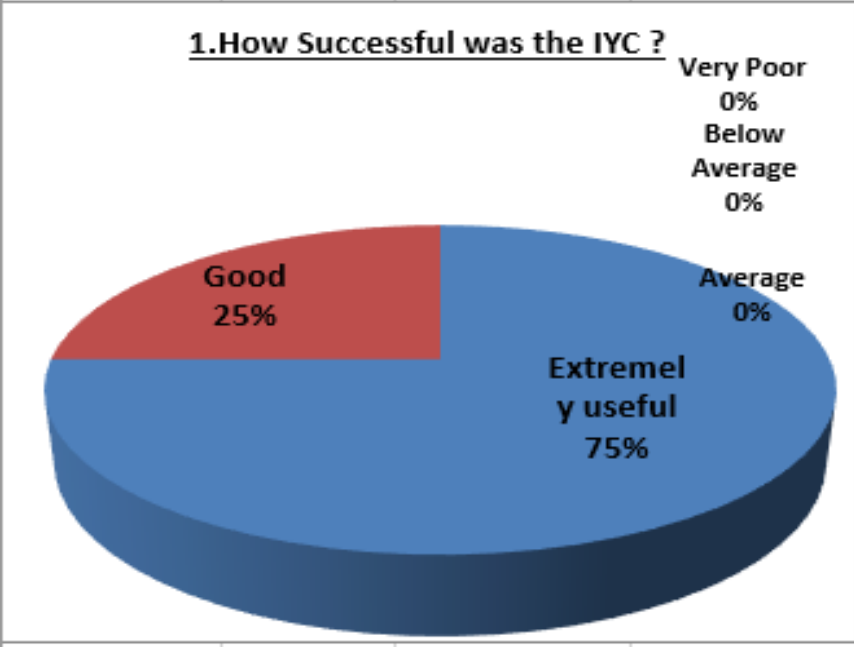
- 6 Report circulated.

Appendix 3

IYC Partner Evaluation Jan 2024 - Response 8						
Which Agency do you represent?						
Police	YOS	YFS/Early Help	Youth Group	HF&RS	PRU	C&YP SP
1	1	1	2	1	1	1

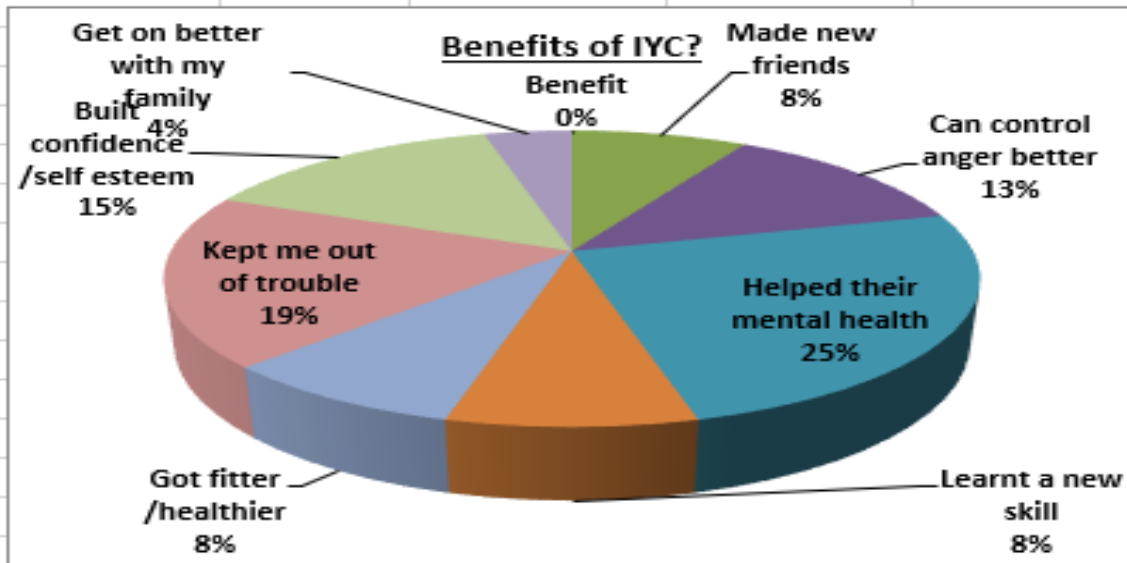


Question	Extremely use	Useful	Average	Not useful	Very Poor
1.How Successful	6	2	0	0	0



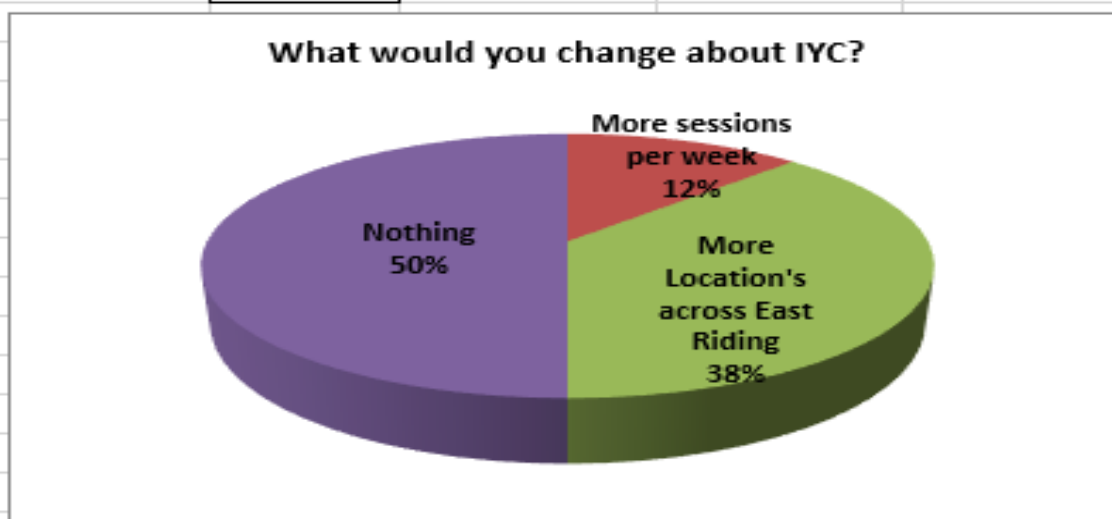
2. What Benefits have you seen in your client as a result of attending the IYC project?

Benefit	Votes
Made new friends	4
Can control anger better	6
Helped their mental health	12
Learnt a new skill	4
Got fitter /healthier	4
Kept me out of trouble	9
Built confidence	7
Get on better with my family	2
	48



3. What would you change / improve IYC?

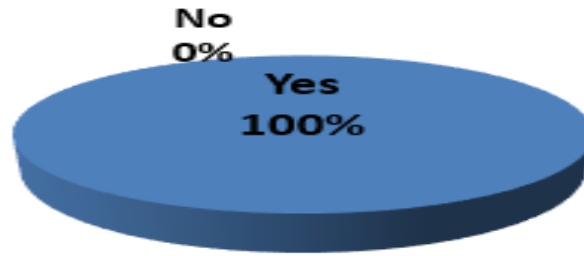
More sessions	1
More Location's	3
Nothing	4



4. Would you recommend IYC to a colleague?

Yes	8
No	0

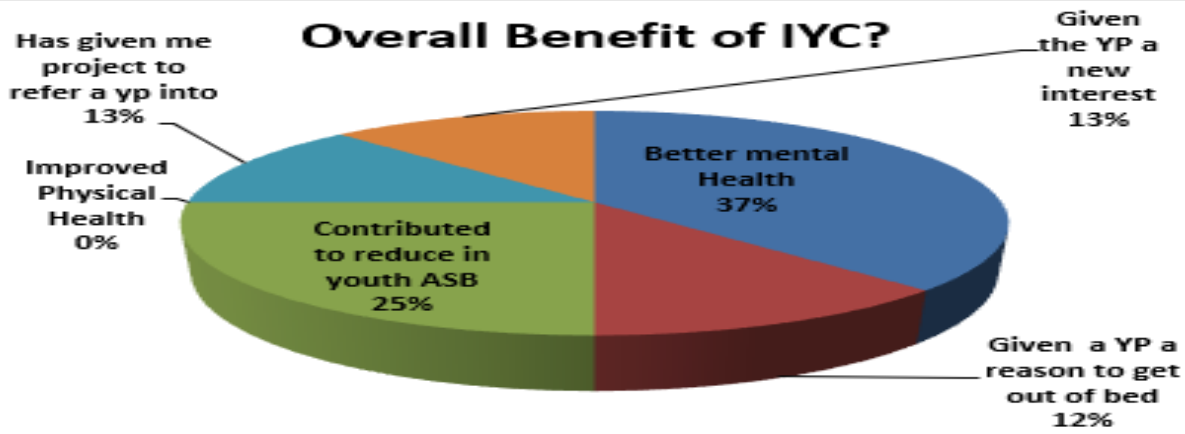
Would you recommend IYC to a Colleague?



What has been overall been the best benefit of OYC?

Better mental Health	3
Given a YP a reason to get out of bed	1
Contributed to reduce in youth ASB	2
Improved Physical Health	0
Has given me project to refer a yp into	1
Given the YP a new interest	1
	8

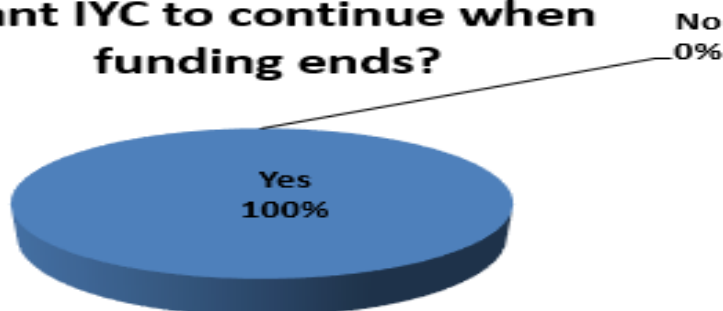
Overall Benefit of IYC?



Would you want IYC to continue after March 2024 when funding ends?

Yes	8
No	0

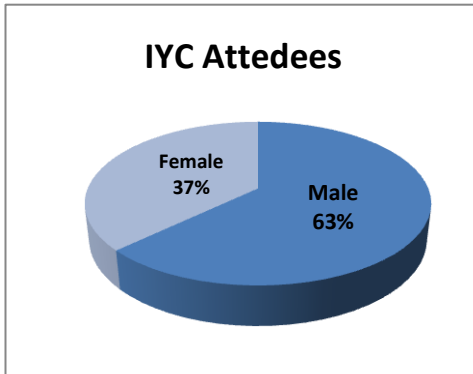
Want IYC to continue when funding ends?



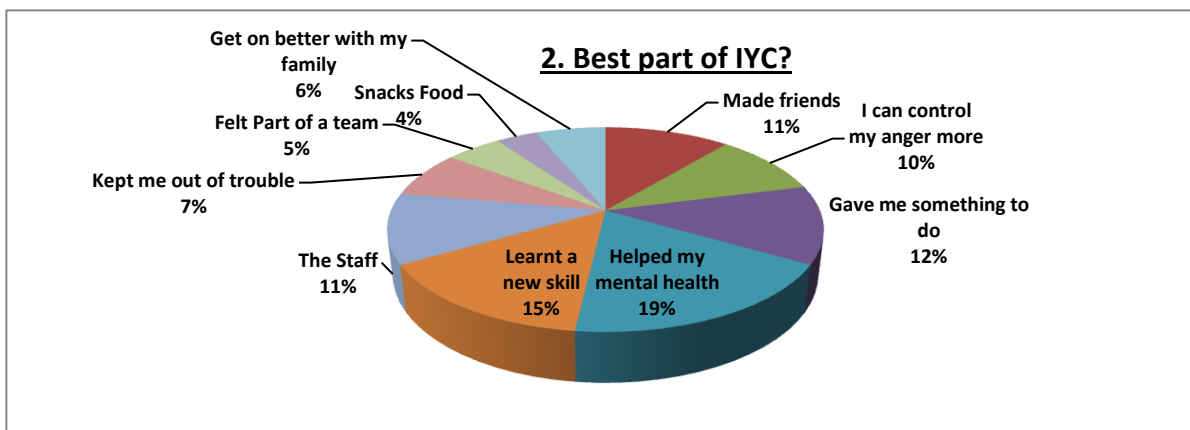
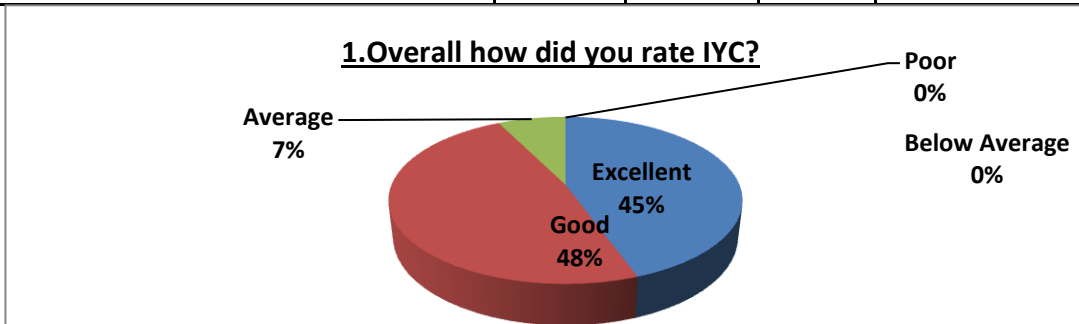
Appendix 4. Young People's Survey Results

IYC YP Evaluation Jan 2024 - Responses 27

Male	Female	Total
17	10	27



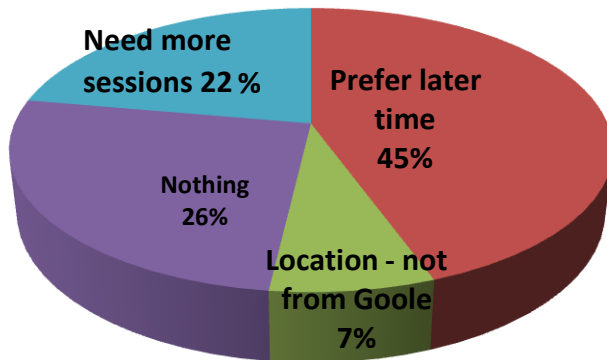
Question	Excellent	Good	Average	Below Average	Poor
1. Overall how did you rate IYC?	12	13	2	0	0



3. What was the worst thing about IYC?	
Prefer later time	12
Location - not from Goole	2
Nothing	7

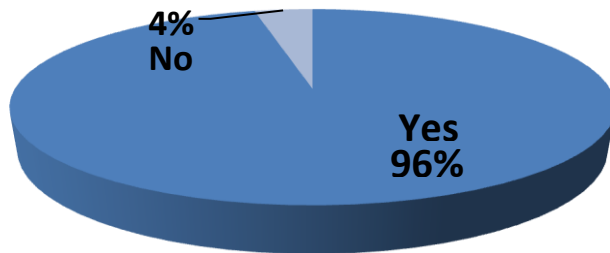
Need more sessions	6
	27

3. What was the worst thing about IYC?



4. Would you recommend to a friend	
Yes	26
No	1

Would you recommend IYC to a friend?



5. What is your best memory of the IYC project?

- "the staff"
- "The snacks"
- "sharing a activity with new friends"
- "it was good experience and I'm glad i did it and stuck at it"
- "being invited to see the Cricket match in Leeds"
- "its a distraction from my own thoughts"
- "Sam's crystals"
- "the sports vouchers"

Appendix 5 Press Articles

Club applauds knockout boxers

A presentation night was held at Goole Boxing club to celebrate three budding young boxers.

Teenagers Josh, Jensen and Alex successfully completed their eight week 'In Your Corner' programme, which was created and developed by Goole Youth Action (GYA) in partnership with Goole Amateur Boxing Club (GABC) to provide young people with a positive diversionary experience with the support of a dedicated youth worker.

The project has been made possible following an award from the Office of the Humber Police Crime Commissioner's Violence Prevention Partnership fund.

For more information about the 'In Your Corner' project email info.gooleyouthaction@gmail.com

Pictured are GYA Founder and CEO, Phil Jackson, GABC Trustee, Richard Longthorp, GYA Youth Workers, India Wilkinson and Neil Begbie, teenagers Jensen, Josh and Alex, and GABC Boxing Coach, Zygis. (11-05-161 SU)



Thursday, May 18th, 2023

Support them or lose them

Two youth projects in our area need your vote to help them secure funding to continue offering activities for young people in the future.

The In Your Corner boxing project in Goole and Crowle's Street Beat Dance project are two of seven projects which have been shortlisted to receive £10,000 each from the Humberside Police and Crime Commissioner's Community Response Fund.

The fund is aimed at targeting anti-social behaviour and community safety at a local level by directly responding to issues identified by the public that are affecting their neighbourhoods and local areas.

Following successful pilot rounds, Round 3 of the fund will focus on seven specific local areas, including Goole and Crowle, providing funding for projects that seek to address a key issue identified by residents that is impacting on their neighbourhoods.

To secure the funding, each project needs 150 votes from the public to prove it is worthy of funding and is delivering a positive impact for people in the local area.

Voting takes just a couple of minutes and you can vote for more than one project.

The projects are not in direct competition with each other, so all seven projects could be given the go-ahead should they get enough public backing.

Voting closes on February 26, so don't delay!

In Your Corner project - Goole

In Your Corner is a fresh approach to engaging with challenging and vulnerable young people aged 9-19 in the Goole area.

The project is focused around a strong Boxing ethos of self-discipline, respect, self-belief, physical health and positive mental health.

Sessions will take place at Goole Amateur Boxing Club, during weekday afternoons and early evenings for small groups of five young people on a eight week course to include; boxing skills, fitness, healthy lifestyles eating and cooking, life skills, first aid.

Five groups of young people will benefit over a year period.

Delivered by with the support of a boxing coach, assistant youth worker and a dedicated



youth link worker, provided by Goole Youth Action (GYA), at the core of the project will be a weekly session at the Boxing club, followed by one-to-one sessions during the week with the youth link worker an assistant youth worker.

Those targeted to be involved in the project will be young people who are already committing ASB or those on the cusp of committing ASB and those young people suffering poor mental health.

The youth link worker will liaise the young person, family members and referral partners to ensure that services are co-ordinated around the young person whilst they are on and then exit the project.

Speaking about the results from the pilot project, Phil Jones from GYA said: "The benefits of the In Your Corner project have just been mind blowing.

"Not only is there the physical health benefits of boxing for the young people, but it teaches them to respect other people, how to be disciplined and other key life skills.

"Our dedicated youth workers also provide these young people with a trusted adult who they can go to to share their hopes, goals,

worries and concerns.

"We've seen that the project has given young people a reason to get out of bed in the morning and do something positive with their day."

He added: "People often ask what they can do to help young people in Goole, and voting for us to secure this funding is one really simple way in which people can help."

To vote for In Your Corner visit: <https://www.humberside-pcc.gov.uk/Community/CRF-Round-3-Shortlisted-Projects/Proposed-Project-in-Goole.aspx>