

East Riding of Yorkshire Young Carers Findings From Census 2021

July 2023

phintelligence@eastriding.gov.uk



Defining young carers

[Bernado's \(2024\)](#) define young carers as “someone under the age of 18 who helps to care for a family member, relative or friend”. As the 2021 Census excluded children aged 4 years and under from carers dataset, the information in this document will be for the 5 to 17 years age group.

Young Carers in the East Riding

In the East Riding on Census day, there were 547 young people providing unpaid care. This number represented 1.17% of the total East Riding population aged 5 to 17 years, which was significantly lower than the proportion recorded in England overall (1.37%).

Looking at specific age groups, 0.4% of those aged 5 to 9 years were providing unpaid care. There were 75 children in this age group, of which, 39 were aged 5 to 7 years.

The proportion increased to 0.9% for those aged 10 to 14 years and 2.7% for those aged 15 to 17 years. Unpaid care provided by those aged 10 to 14 was lower than the proportion seen across England and similar for those aged 5 to 9 years and 15 to 17 years.

Table 1 below provides a summary of counts of young carers by age groups.

Table 1: Count of individuals providing unpaid care a week, usual residents aged between 5 and 17 years, 2021

Age group	East Riding of Yorkshire			England
	Provides unpaid care count	% of age group	Compared to England	% of age group
Aged 5 to 9	75	0.4%	Similar	0.5%
Aged 10 to 14	172	0.9%	Significantly lower	1.4%
Aged 15 to 17	300	2.7%	Similar	2.8%
All aged 5 to 17	547	1.2%	Significantly lower	1.4%

Source: Office for National Statistics



Young carers area of residence

St. Mary's ward had the highest number of young people providing unpaid care (with a count of 35, see chart 1) and Howden having the lowest (n=11).

Cottingham North had the highest percentage of their 5-17 population providing unpaid care (1.8%, see chart 2), in comparison Willerby and Kirk Ella which had the lowest (0.7%).

However, each ward had wide confidence intervals which made their proportions all statistically similar to the overall proportion of 1.17%.

Chart 1

Count of unpaid carers aged 5-17 by ERY wards, 2021
(with % of wards 5-17 year population in brackets)

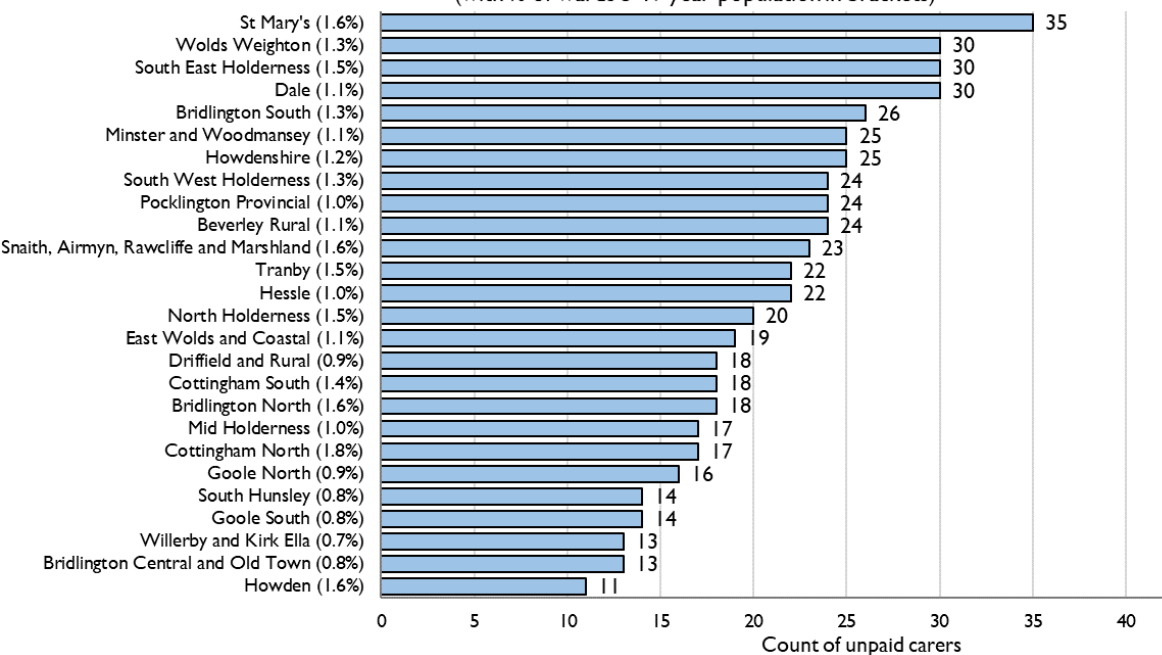
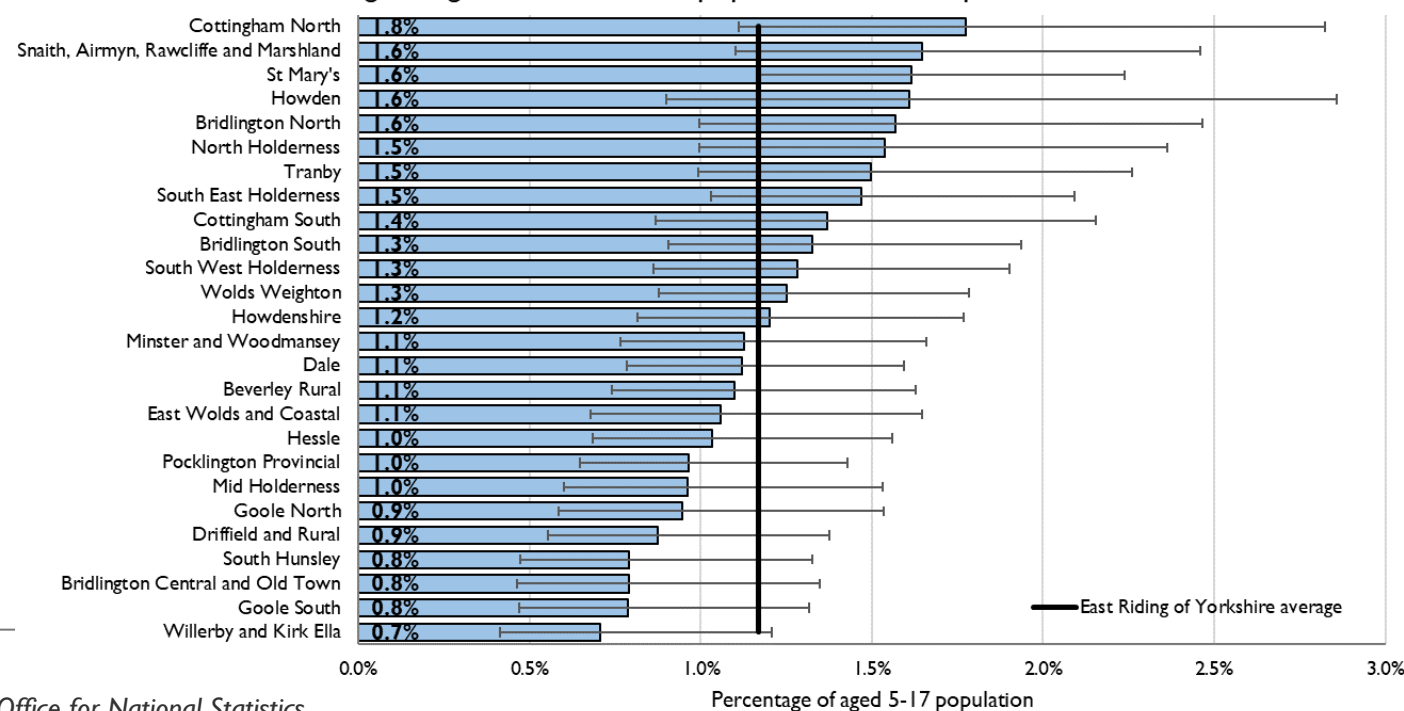


Chart 2

Percentage of aged 5-17 ERY ward population that are unpaid carers, 2021



Source: Office for National Statistics



Number of hours care provided

More than half of young people providing unpaid care were providing less than 9 hours per week (323 out of 547 persons), however there was still 119 of the 547 (over 20%) providing over 20 hours of unpaid care per week.

There were also more young people providing over 50 hours of unpaid care a week (38 persons) compared to those providing 35 to 49 hours (34 persons).

Table 2

Hours of unpaid care provided	East Riding of Yorkshire			England
	Provides unpaid care count	% of aged 5 to 17	Compared to England	% of aged 5 to 17
Provides 9 hours or less unpaid care a week	323	0.69%	Similar	0.71%
Provides 10 to 19 hours unpaid care a week	105	0.22%	Similar	0.27%
Provides 20 to 34 hours unpaid care a week	47	0.10%	Significantly lower	0.14%
Provides 35 to 49 hours unpaid care a week	34	0.07%	Similar	0.09%
Provides 50 or more hours unpaid care a week	38	0.08%	Significantly lower	0.16%
Total	547			

Source: Office for National Statistics



Number of hours care provided by age group

Chart 3, shows that older children reported providing a higher proportion of unpaid care in their age group, for each of the categories of hours per week, for example 1.55% of 15-17 years olds provided 9 hours or less unpaid care, as a percent of the total East Riding population aged 15-17 years. Table 4 provides the counts that make up these percentages.

Chart 3

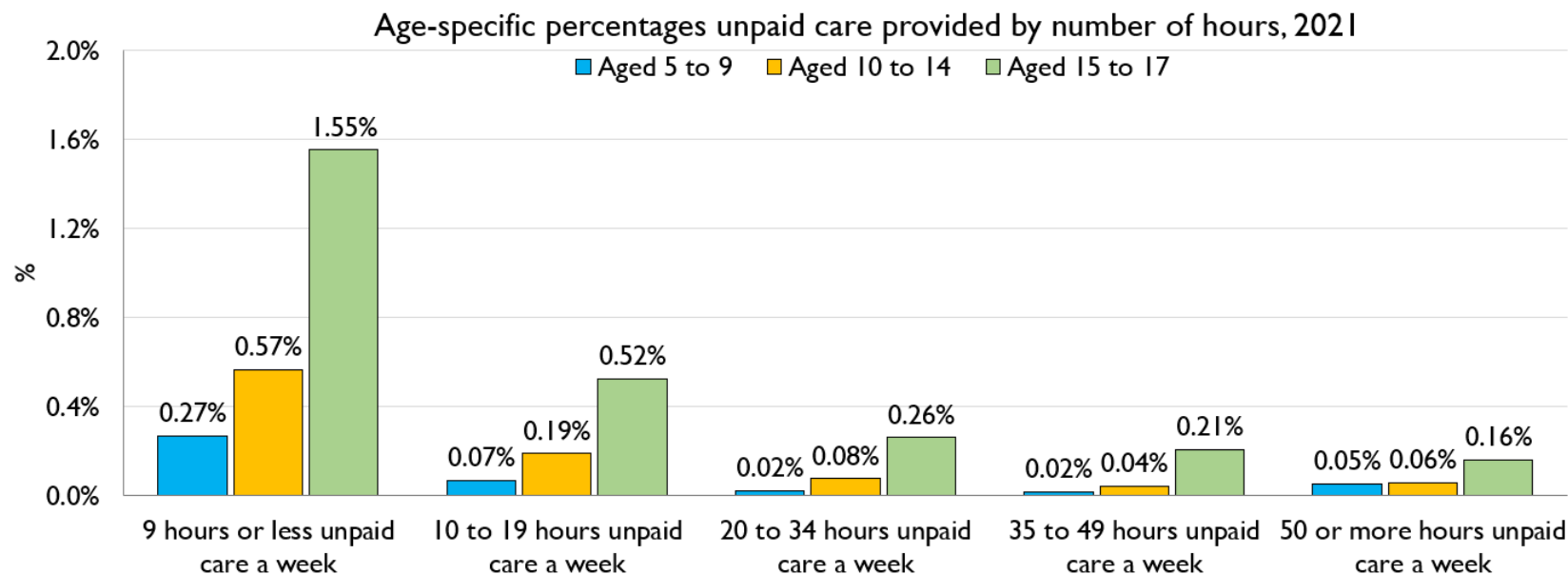


Table 4

Hours of unpaid care provided	Age groups between 5 and 17 years			Age groups between 5 and 9 years	
	Aged 5 to 9	Aged 10 to 14	Aged 15 to 17	Aged 5 to 7	Aged 8 to 9
9 hours or less unpaid care a week	47	104	172	23	24
10 to 19 hours unpaid care a week	12	35	58	8	4
20 to 34 hours unpaid care a week	4	14	29	2	2
35 to 49 hours unpaid care a week	3	8	23	0	3
50 or more hours unpaid care a week	9	11	18	6	3

Source: Office for National Statistics

