

Residential Youth Con '24

MYM Part 1

Why did health & wellbeing come first in the MYM poll ?

- CYP being self conscious.
- CYP feeling isolated and lonely.
- CYP being bullied and the impacts that has on them.
- The impact of school on CYP.
- The impact of vaping on CYP.
- Because health and wellbeing affects everyone else differently.
- Health and wellbeing is a permanent topic and will never go away, it's not a topic brought to light by temporary issues.
- The effects that lack of sleep has on CYP.
- The effects that puberty has on CYP.
- Due to CYP undergoing stress.
- Due to their being a different view and different level of 'importance' between mental and physical health.
- Waitlists for CAMHS.
- Waitlists for treatments/tests e.g. MRI,CT,X-ray etc.
- Lack of GP surgeries.
- Lack of doctors and nurses.
- Lack of knowledge and education around mental health and wellbeing.
- Majority of CYP believe that Mental Health is the key problem within the topic of Health & Wellbeing.

Charlee Bewsher - 'Youth workers can offer low level support to CYP e.g. getting them involved in groups,activities, chats with young people etc'.

MYM health & wellbeing discussion - East Riding, Hull, North Yorkshire & North Lincolnshire

Hull - Hull are working on food poverty issues

- Hull are in the process of having barcodes on some of the school lanyards which will lead CYP to mental health resources when scanned.
- Hull are working with MESMAC on the topic of CYP's sexual health.
- Hull are in the process of upskilling youth councillors and training them to become peer mentors for other CYP.
- Hull created an animated video with my pockets around school meals and food poverty.

North Lincolnshire

- Main problem within their area is school meals e.g. the quality, affordability and nutrition in them.

Local Actions

- Each locality to approach LEA's around school meals etc.
- Approach academies around school meals.

SWYPFT (South West Yorkshire Partnership Foundation Trust)

- SWYPFT covers parts of West Yorkshire and South Yorkshire.
- The ladies who came to speak to us work for the quality involvement team, influencing the actions the nhs in that area take by receiving information and working with the public.
- The SWYPFT team covers everything from physical health to mental health to neurodiversity etc.
- SWYPFT design services with ALL in mind.

MYM Part 2 - Crime & Safety

Question 1- Why was crime & safety second in the MYM poll ?

- CYP feeling fear of being attacked in school.
- CYP being bystanders of crimes.
- A lot of CYP try to live up to the 'gangsta' lifestyle/image by being involved in and committing crime.
- Violence against women and girls.
- Lack of access to public transport puts CYP at risk and makes them feel unnecessarily unsafe at times.
- The levels of ASB (Antisocial Behaviour) in communities.
- Drugs e.g. dealing, personal use etc.
- The levels of knife crime and how many CYP carry knives.
- The amount of crime portrayed on social media.
- Influencers on social media posting crime and influencing CYP to commit crimes at times.
- People having perceptions over facts, thinking there is more crime taking place than there actually is.
- Alcohol abuse.
- The amount of racism and discrimination taking place within communities, online etc

- CYP being victims of racism, homophobia and or other types of discrimination.
- CYP feeling unsafe in school environments.
- Bullying and the extreme levels bullying can lead to.
- Peer pressure for CYP to commit or be involved in crimes.
- The levels of gang activity.
- The possession and use of weapons.
- CYP feeling unsafe when walking in public alone.
- CYP suffers from mental health issues being more vulnerable to becoming involved in crime, grooming, exploitation etc.
- Levels of theft ranging from shop theft, to robberies to muggings etc.

50% of CYP present agreed that a lot of people may have voted that crime and safety was an issue in their community due to their perceptions of crime levels rather than the actual true levels of crime.

50% of CYP present agreed that a lot of people may have voted that crime and safety was an issue in their community due to the exaggeration of crime levels spoken and posted about on social media.

60 % of CYP present agreed that a lot of people may have voted that crime and safety was an issue in their community due to CYP vaping underage.

Question 2 - Whose problem is it to sort the issues of crime and safety ?

- Police
- Local Authorities
- Violence reduction team
- The communities
- Everyone

Crime & Safety issues within East Riding, North Yorkshire, North Lincolnshire & Hull

- Easy to access drugs - East Riding & North Lincolnshire
- Arson - North Lincolnshire

- Vapes being marketed towards CYP - All agreed
- Problems with weapons, alcohol, drugs - North Yorkshire & East Riding.

Precious Youth Councillor Hull - 'Mental health being used as an excuse for drug dealing & substance abuse by CYP'.

Charlotte Rogers DMYP East Riding- Argued that 'CYP do not use mental health as an excuse and that mental health is and can be a cause for CYP to commit crime'.

East Riding Notes & Actions from discussion

- Possible trading standards test purchasing.
- Reach out to Louise Wilson.

Our local Violence Reduction contact is - pip.betts@humberside.police.uk

Humberside was rated number 20 in the stats of most violent areas in the UK.